



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AMERICAN RED CROSS BABYSITTING CLASS



Learn leadership skills, how to diaper and feed infants, how to handle choking emergencies, rescue breathing, basic first aid and lots more. Bring a pen, note book and a bag lunch. Includes Babysitter's Training Handbook, DVD & Emergency Reference Guide. This course is for ages 11 – 15 years old.

November 21, 2020 • 9:00 a.m. – 2:00 p.m.
New Britain YMCA, 50 High Street, New Britain

Fees: Full Member \$39 Program or Non Member \$69

To register please call:

- Meriden YMCA 203.235.6386
- Berlin YMCA 860.357.2717
- New Britain YMCA 860.229.3787

MERIDEN YMCA
110 West Main Street
Meriden, CT 06451
P 203 235 6386
www.meridenymca.org
facebook.com/YMCA.Meriden
www.meridenymca.org

NEW BRITAIN-BERLIN YMCA
50 High Street
New Britain CT 06051
P 860 229 3787
www.nbbymca.org
facebook.com/NBBYMCA
www.nbbymca.org

BERLIN YMCA
362 Main Street
Berlin CT 06037
P 860 357 2717
www.nbbymca.org
facebook.com/BerlinYMCA
www.nbbymca.org



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TRAINED TO SAVE LIVES

Lifeguard Certification Course (10 Participants Max) NEW BRITAIN-BERLIN YMCA

WHEN: Friday, November 20th 5pm-10pm
Saturday, November 21st 10am-9pm
Sunday, November 22nd 10am-9pm
(MUST ATTEND ALL CLASSES)

PRICE: \$350.00
(MUST BE 15 YEARS OLD TO PARTICIPATE)

Location: New Britain-Berlin YMCA
50 High Street
New Britain, CT 06051
860-229-3787



***PRE-TEST:** All participants must pass to participate in course.
Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve a 10lb object).